

BREAKFAST

JANUARY 2021
CVCC

Food Service Director: Monica Tolman
802-479-2461
Chef Manager: Tammy Cochran
802-476-6362

Note: MENU Subject to Creativity
This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year!!

Cereal:
Cinnamon Toast Crunch
Fresh Fruit:
Fresh Orange

Breakfast Sandwich:
Cheese Slice
Egg Patty
Sliced Ham
WG Croissant
Fruit:
Sliced Peaches

Cinnamon Roll Twist
Fresh Fruit:
Apple

Breakfast Sandwich
Whole Wheat English Muffin
Cheese Slice
Egg Patty
Pork Sausage Patty
Fresh Fruit
Banana

Breakfast Sandwich
Whole Grain Bagel
Cheese Slice
Egg Patty
Bacon
Fruit
Orange

Blueberry Muffin
Orange Smiles

11

Breakfast Sandwich:
Cheese Slice
Egg Patty
Sliced Ham
WG Croissant
Fruit:
Sliced Peaches

Cinnamon Roll Twist
Fresh Fruit:
Apple

Breakfast Sandwich
Whole Wheat English Muffin
Cheese Slice
Egg Patty
Pork Sausage Patty
Fresh Fruit
Banana

Breakfast Sandwich
Whole Grain Bagel
Cheese Slice
Egg Patty
Bacon
Fruit
Orange

NO SCHOOL

18

Breakfast Sandwich:
Cheese Slice
Egg Patty
Sliced Ham
WG Croissant
Fruit:
Sliced Peaches

Cinnamon Roll Twist
Fresh Fruit:
Apple

Breakfast Sandwich
Whole Wheat English Muffin
Cheese Slice
Egg Patty
Pork Sausage Patty
Fresh Fruit
Banana

Breakfast Sandwich
Whole Grain Bagel
Cheese Slice
Egg Patty
Bacon
Fruit
Orange

Blueberry Muffin
Orange Smiles

25

Breakfast Sandwich:
Cheese Slice
Egg Patty
Sliced Ham
WG Croissant
Fruit:
Sliced Peaches

Cinnamon Roll Twist
Fresh Fruit:
Apple

Breakfast Sandwich
Whole Wheat English Muffin
Cheese Slice
Egg Patty
Pork Sausage Patty
Fresh Fruit
Banana

Breakfast Sandwich
Whole Grain Bagel
Cheese Slice
Egg Patty
Bacon
Fruit
Orange

